

# Personal Details Questionnaire

Therapist: Andrew Kempleton

Name:	Occupation:
	Date of birth:

Please give details of any diagnosed medical conditions:

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What is your daily consumption of:

Cigarettes	Alcohol
Water	Tea/coffee

How many of these do you have:    Mercury fillings?                  Crowns?                  Root canals?

Are you avoiding any foods? Please list them if so:

Are you vegan or vegetarian?

What is your blood group, if you know?

Please list your main physical symptoms:
Please list your main emotional issues:
Please detail any events or experiences that brought on these symptoms:

Do any run in the family? If so, which ones?

Are you currently pregnant or trying?

**Please turn over.....**

**Life history** – If you are happy to, please summarise the headline events or times that were emotionally stressful or might possibly be unresolved. I have written in clues to the kind of issue that might come up at each life stage. A headline overview is all that is needed, we can discuss the finer details in our session if appropriate.

<b>Life area</b>	<b>Issue</b>
<b>Conception to birth</b> Planned? Wanted? Parents married? Right sex? Mum previous miscarriages? Mum supported and happy?	
<b>Birth itself</b> Forceps? C-Section? Premature? Cord around neck? Induced? Long labour? Foetal stress?	
<b>Post birth period</b> Breast fed? Mum PND? Incubated? Any separation from mother, at all? Early development?	
<b>Early childhood</b> Sibling issues? Good health? Strong family unit? Move house? Babysitters or nannies? Bed wetting?	
<b>Relationship with parents</b> Absent father or mum? Happy family? Loved? Received all the attention you needed?	
<b>Schooling</b> Bullied? Teachers ok? Good friends? Did well academically?	
<b>Puberty and adolescence</b> Early or late puberty? First relationships and sexual experience? Unrequited love? Regrets?	
<b>Work issues</b> Bullying? over-work? Stress? Financial issues? Unfulfillment?	
<b>Relationships – friends and family</b> Aunties, uncles, grandparents, friends etc ? Difficult dynamics? Disapproval? Judgement?	
<b>Relationships – partner</b> Stagnancy? Intimacy issues? Separate interests? Overwork? Enough time for each other?	
<b>Adulthood generally</b> Any miscellaneous issues not covered above, accidents? Traumas?	
<b>Bereavements / traumas</b> Losses that still feel raw now? Abortion or miscarriage?	

What, in particular, do you hope to gain from this treatment?

Can you please tell me how you heard of me and my practice:

I understand that Andrew Kempleton is not a medical practitioner and any kinesiology treatment given should supplement, not replace, conventional medical attention.

Signed:

Date: