

Personal Details Questionnaire

Therapist: Andrew Kemp

Name:	Occupation:
	Date of birth:

Please list your current medicines and supplements:

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Please give details of any medical conditions:

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What is your daily consumption of:

Cigarettes	Alcohol
Water	Tea/coffee

How many of these do you have: Mercury fillings? Crowns? Root canals?

Please describe your typical diet :

Breakfast	Lunch:
Dinner:	Snacks:

Are you avoiding any foods?

Are you vegan or vegetarian?

Do you know your blood group?

Physical issues:
Emotional issues:

Did anything bring on these symptoms?

Do any run in the family?

Are you currently pregnant or trying?

Please turn over.....

Life history – If you are happy to, please detail any events or times that were emotionally stressful or might possibly be unresolved. I have written in clues to the kind of issue that might come up at each life stage.

Life area	Issue
Conception to birth Planned? Wanted? Parents married? Right sex? Mum previous miscarriages? Mum supported and happy?	
Birth itself Forceps? C-Section? Premature? Cord around neck? Induced? Long labour? Foetal stress?	
Post birth period Breast fed? Mum PND? Incubated? Any separation from mother, at all? Early development?	
Early childhood Sibling issues? Good health? Strong family unit? Move house? Babysitters or nannies? Bed wetting?	
Relationship with parents Absent father or mum? Happy family? Loved? Received all the attention you needed?	
Schooling Bullied? Teachers ok? Good friends? Did well academically?	
Puberty and adolescence Early or late puberty? First relationships and sexual experience? Unrequited love? Regrets?	
Work issues Bullying? over-work? Stress? Financial issues? Unfulfillment?	
Relationships – friends and family Aunties, uncles, grandparents, friends etc ? Difficult dynamics? Disapproval? Judgement?	
Relationships – partner Stagnancy? Intimacy issues? Separate interests? Overwork? Enough time for each other?	
Adulthood generally Any miscellaneous issues not covered above, accidents? Traumas?	
Bereavements / traumas Losses that still feel raw now? Abortion or miscarriage?	

What, in particular, do you hope to gain from this treatment?

Can you please tell me how you heard of me and my practice:

I understand that Andrew Kemp is not a medical practitioner and any kinesiology treatment given should supplement, not replace, conventional medical attention.

Signed:

Date: